

# French Release Method For Old Trauma



## TAG Facilitator Course

Lay on the table and place stones around and under the table.

You will be tapping the thymus to access your client's Higher Self and Causal team. You will be giving the body a massage with a blown up balloon. The intention for the balloon is to pull and hold any trauma, abuse, deceptive energy, and more from the cells. The Balloon will burst when it is full. There are times when you will need to pinch the balloon in order for it to pop.

Once the balloon pops, gently tap and brush to move the energy into the Cosmic Composting system.

Make sure that this is comfortable.

To begin:

Tap gently on the thymus area as you ask the questions. After the question is asked, snap your fingers. You will hear or sense "yes "or "no". Trust the answer.

Questions.

Is this body ready to release emotions of abuse, trauma, and deceit held in the cells?

Is this body ready to release emotions held in the cells which would sabotage this Reality Shift?

Is this body willing to release these old emotions through balloons?

If the answer is 'yes', proceed with the balloons.

After each balloon pops, tap the heart, solar plexus chakras, the liver, and spleen area, and brush above the body while declaring, "Release" to remove all released energy.

If the answer is 'no', ask what would prevent it. Can the resistance be released? Follow this until the healing called for is done and then ask about release of the old trauma and sabotage can be done through the balloons.

Note: Do not allow the balloon to pop in the area above the neck. You can roll the balloon into that area very gently to let it pick up negative energy without the possibility of the 'pop' happening there.